



**RACKETS  
ACADEMY**  
*Dubai*

# Elite Transition Program **25/26**

The Elite Transition Program is the pathway for selected players age between 10 and 12 years old onto to most prestigious Elite High-Performance tennis training program in the Middle East. This program was created especially to prepare players striving for excellence in competitive tennis (ITF, Challenger, ATP and WTA tours). This training program is made to suit each player's specific needs, replicates the top European academy conditions by providing a comprehensive program with intensive coaching sessions as well as focusing on other essential parts of the game including goals to develop the technical, tactical, physical and mental aspects.

### Included in the Program

Every session 90min Tennis	30min Strength & Conditioning
Access to Sport Psychologist	50% Discount on Head
Rackets Academy Apparel	Local Tournament Travel
1 Free Re-String Per Month	20% Discount at Tennisshop.ae

Per Week	Per Session
1 p/w	290
2 p/w	250
3 p/w	220

Day	Venue	Time
Monday	Dubai American Academy	4.30-6.30pm
Wednesday	Dubai American Academy	4.30-6.30pm
Friday	Dubai American Academy	4.30-6.30pm

### Contact us

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*All squads are paid by the term. Extra Privates can be pay as you go.*

*All prices are in inclusive of VAT.*

