



FULL TIME PROGRAM



ELITE PERFORMANCE PROGRAM

Rackets Academy Dubai was established in 2016 and has quickly grown to become the leading Tennis provider in Middle East. We have established the largest Junior High Performance Program in the region. We have given these players access to the highest level of coaches, facilities and education in the most comprehensive program in the region all under one roof.

PROGRAM OVERVIEW

✓ Coaches

We have the regions most experienced coaching team with years of coaching experience on TE, ITF WTA and ATP tours.

✓ Education

GEMS Wellington Al Khail is classed as an "Outstanding" school in the region offering a tailor-made program for the full-time players.

✓ State of the art Facilities

The program runs out of 5 brand new tennis courts in the school and a newly fitted 7k sqft gym with a program office court side.

✓ Personalized Approach

Each player is different, so we tailor make a program to suits the needs of the player. Creating the right mix of private to squad coaching that is best suited for the players needs.

✓ Tournament Travel

The Team travel to TE, ATF and ITF events all over the world together making it cost effective and beneficial in a team environment.

✓ Support Team

We have team of program administrators , physio, stringer, sports physcologists supporting the team of players.

“THIS PROGRAM IS THE REASON WE MOVED TO DUBAI”

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Our coaching philosophy focuses on developing not only technical skills but also mental strength and sportsmanship. We strive to cultivate well-rounded individuals on and off the court.



Technical Skills

Developing strong fundamentals, technique, and strategy.



Sportsmanship

Instilling respect, integrity, and a positive attitude toward the game.



Competitive Environment

A supportive and competitive atmosphere for growth.



Mental Toughness

Building resilience, focus, and confidence to handle pressure



Physical Fitness

Improving agility, speed, strength, and endurance for peak performance.



Customized Training

Based on the assessment, we create a customized training plan tailored to your needs.

COACHING TEAM

- ✓ Coached at all 4 Grand Slams
- ✓ Played top 300 ATP and WTA level
- ✓ Speak 10 different languages
- ✓ Played Division 1 US college tennis
- ✓ Previously worked in Top European Academies
- ✓ Strength & Conditioning coach with ATP level experience



STATE OF THE ART FACILITIES



5 New Tennis Courts



7000 Sqft New Gym



Dedicated Mental Coaching
Classroom

CUSTOMIZED TRAINING



- ✓ Tailor-made program to suite each players needs
- ✓ Flexible balance of squads and individual program
- ✓ Daily classroom schedule designed around on court hours.
- ✓ Tournament schedule designed to maximize players ranking

PROGRAM BREAKDOWN

- ✓ 23hr Training Week
- ✓ 11.5hrs On Court
- ✓ 7.5hrs Strength & Conditioning
- ✓ 2hrs of Physio
- ✓ 2hrs of Mental Coaching
- ✓ 22hrs of Classroom Education



**"THE PROGRAM ALLOWS ME TO COMBINE A
FULL TIME TENNIS PROGRAM WITH THE
HIGHEST STANDARD EDUCATION ALONGSIDE
TRAVELING TO TOURNAMENTS WITH A COACH
AND AS A TEAM"**

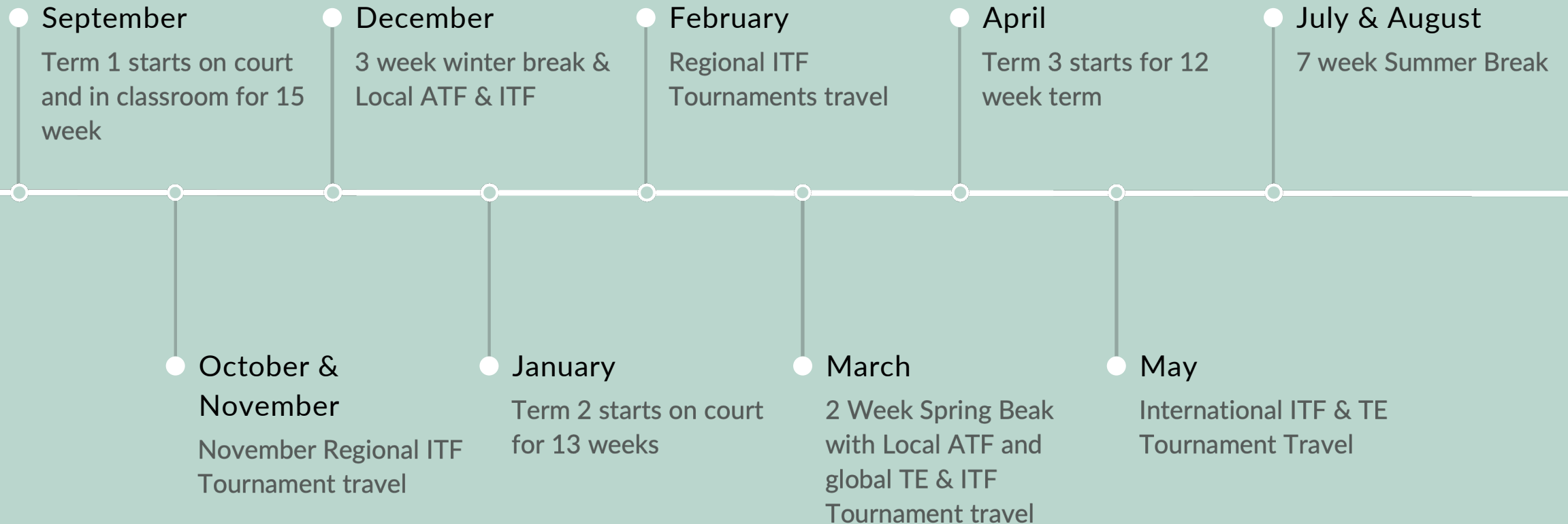
TIMUR GORDEEV (TENNIS EUROPE U14 TOP 40)



Rackets Academy Hosted Tournaments

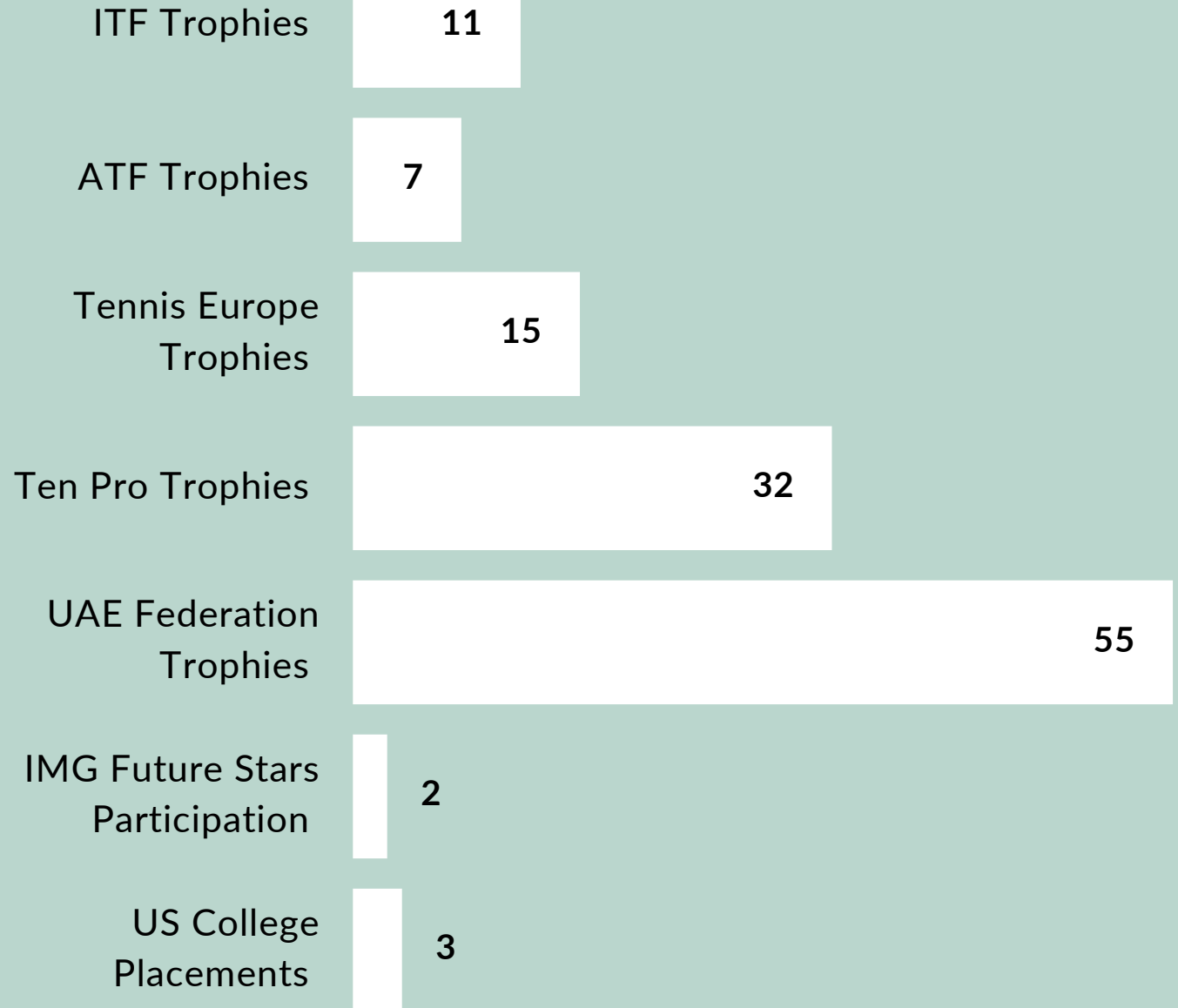


PROGRAM & TOURNAMENT TRAVEL TIMELINE



ACHEIVMENTS SO FAR

September 2023 to date





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ACADEMY

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