



**RACKETS
ACADEMY**

Dubai

Performance Program Winter Camp 2022

Venue: Green Community, Motor City

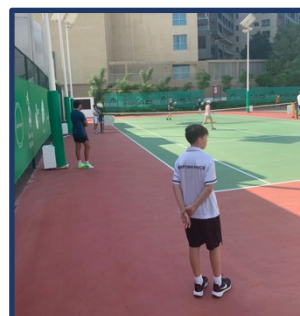
Week 1: Monday 12th - Friday 16th

Week 2: Monday 19th - Friday 23rd

Time: Drop off 8:30-9am Pick up 12:30-1pm

Price: 180 AED Per day / 750 AED Per Week

Level: Performance



Our Performance Program Camp is designed for players who are taking the first steps into competitive tennis. The daily program is designed more to give players everything they need to compete in Tournaments and that aspire to be part of our [Elite Program](#). The program looks at technique, tennis fitness and match play tactics based around competing in national level events. There is also a specific strength and conditioning coach brought in to do extra off court work with the players.

Please ensure your child brings sun block, hat, plenty of water and snacks.

Contact: martin@racketsacademy.ae - www.racketsacademy.ae/camps